

COHDH In house and Local Activities

August | 2011

Monday	Tuesday	Wednesday	Thursday	Friday
1. Workout at YMCA (A.M. Trip) *Community Clean Up Project* (P.M. Trip)	2. *Karaoke* (A.M. Trip) Swimming at YMCA (P.M. Trip)	3. Swimming at YMCA (P.M. Trip)	4. *Massage Therapy* \$10.00 (A.M. Trip) Books & Beans Library (P.M. Trip)	5. Basketball League (P.M. Trip)
8. Workout at YMCA (A.M. Trip) *Community Clean Up Project* (P.M. Trip)	9. ~Sandals~ *Karaoke* (A.M. Trip) Swimming at YMCA (P.M. Trip)	10. *Music Therapy* \$5.00 (A.M. Trip) Swimming at YMCA (P.M. Trip)	11. Books & Beans Library (P.M. Trip)	12. Basketball League (P.M. Trip)
15. Workout at YMCA (A.M. Trip) *Community Clean Up Project* (P.M. Trip)	16. *Karaoke* (A.M. Trip) Swimming at YMCA (P.M. Trip)	17. Swimming at YMCA (P.M. Trip)	18. Books & Beans Library (P.M. Trip)	19. Basketball League (P.M. Trip)
22. Workout at YMCA (A.M. Trip) *Community Clean Up Project* (P.M. Trip)	23. *Karaoke* (A.M. Trip) Swimming at YMCA (P.M. Trip)	24. *Music Therapy* \$5.00 (A.M. Trip) Swimming at YMCA (P.M. Trip)	25. Books & Beans Library (P.M. Trip)	26. Basketball League (P.M. Trip)
29. Workout at YMCA (A.M. Trip) *Community Clean Up Project* (P.M. Trip)	30. *Karaoke* (A.M. Trip) Swimming at YMCA (P.M. Trip)	31. Swimming at YMCA (P.M. Trip)		