

Crisis Services

Riverside Crisis Unit

If you or someone you know is experiencing a mental health crisis please contact our locally-based crisis intervention/emergency services team.

They provide around-the-clock, 24/7 mental health and substance use evaluations to people in crisis. Instead of going to the emergency room, services can be provided to you over the phone, in your home, at school, or in another community setting.

They are assisting with Telehealth to prevent a crisis or deescalate a crisis in the home.

They are encouraging families and providers to call sooner than they normally would so that a trained counselor can help with the struggles at home to prevent the crisis from occurring.

When you call our emergency services number we will:

- Evaluate the situation and make a plan for you to be seen by one of our clinicians
- Work with you to develop a strategy that promotes long term stability.
- Connect you with a strong support network and create a comprehensive plan for stabilization and sustained recovery.

Areas:

- Milford and the Surrounding Communities: 800-294-4665
Bellingham, Blackstone, Douglas, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, Sutton, Upton, Uxbridge
- South and West of Boston: 800-529-5077
Canton, Dedham, Dover, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham
- Southbridge and Surrounding Communities: 877-750-3127
Brimfield, Brookfield, Charlton, Dudley, East Brookfield, Holland, North Brookfield, Oxford, Southbridge, Sturbridge, Wales, Warren, Webster, West Brookfield

Emotional Support:

I wanted to provide you with another resource that could provide emotional support:

- You can call the National Disaster Distress Help Line (1-800-985-5990), or
- Text TalkWithUs to **66746**.